

## ROLE OF PROBIOTICS IN PEDIATRICS

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### ABSTRACT

The development of antibiotic therapy has created a therapeutical place for relatively new category pharmaceutical products: probiotics. Probiotics have been the topic of many studies over the past 20 years. The main definition of probiotics is live and vital micro-organisms able to benefit human health when consumed, in adequate amount, as part of a food or a nutritional supplement. Probiotics are widely used in pediatrics. In this review we have described clinical indications for probiotic use, the most used probiotic stains in pediatrics and the most appropriate dosage forms, containing probiotics for children.

**KEYWORDS:** Probiotic, Children, Antibiotics